



# Quick Reference Referral Guide for Loudon County

*Aligning resources across the 9th Judicial District  
-Roane, Loudon, Morgan and Meigs Counties-*

## Emergency & Legal Services

- **9th Judicial District Attorney General: (865) 376-2145** (*Russell Johnson*)
- **9th Judicial District Public Defender: (865) 376-4040** (*Kim Nelson*)
- **9th Judicial District Child Support Services: (865) 376-0081** (*Barbara Morgan*)

## Alcohol & Drug Support

- **AA Hotline: (865) 522-9667** (*24/7 Support for Alcohol Addiction*)
- **Addiction Hotline: (888) 889-9789** (*Free Confidential Information and Referrals*)
- **Align9 Recovery Support: (865) 659-5776** (*Wraparound support services- [www.align9.org](http://www.align9.org)*)
- **Bradford Health Services: (865) 693-9326** (*Detox & counseling- [www.bradfordhealth.com](http://www.bradfordhealth.com)*)
- **Canvas Recovery (Canvas Church): (865) 599-0025** (*Faith-based support group, Mondays @ 6 PM*)
- **Celebrate Recovery Lenoir City: (865) 659-5776** (*12-step faith-based recovery, Mondays @ 6 PM.*)
- **Drug Helpline (SAMHSA): (800) 662-4357** (*24/7 confidential treatment referrals.*)
- **DUI Class (ETHRA - Mike Womack): (423) 920-6555** (*State-certified DUI education classes.*)
- **Centerpoint Crisis Detox: (865) 603-4958** (*Medical detox services for withdrawal.*)
- **Helen Ross McNabb Center: (865) 635-0242** (*Detox, addiction counseling & treatment. - [www.mcabbcenter.org](http://www.mcabbcenter.org)*)
- **NA Helpline: (800) 617-1710** (*24/7 support & meeting info for NA*)
- **Partnership for Drug-Free Kids: (855) DRUGFREE** (*Support & resources for families.*)
- **Project Lifeline: (865) 308-1204** (*Connects to recovery meetings & peer support.*)
- **Salvation Army (Lenoir City): (865) 617-1609** (*Emergency services & addiction recovery - 119 North A Street, Lenoir City*)
- **Prevention Alliance of Loudon Co.: (865) 659-5776** (*Alcohol, tobacco & drug prevention programs*)
- **Neonatal Abstinence Syndrome (NAS): (865) 257-4800** (*Resources for families of affected infants*)
- **Tennessee Redline – (800) 889-9789** (*Statewide addiction treatment referral helpline*)

## Credit Counseling

- **Consumer Credit Counseling: (865) 376-8810** (*Credit counseling services*)

## Education, Employment & Low Income

- **American Job Center: (865) 317-1375** (*Offers job search assistance and employment services through the Loudon County Chamber of Commerce*)
- **SNAP: (865) 986-4749** (*Offers government assistance with food snaps - [www.tn.gov/humanservices](http://www.tn.gov/humanservices)*)
- **Medicaid: (865) 986-4749** (*Offers government assistance with Medicaid - [www.tn.gov/humanservices](http://www.tn.gov/humanservices)*)
- **Families First: (865) 986-4749** (*Offers government assistance with cash assistance - [www.tn.gov/humanservices](http://www.tn.gov/humanservices)*)
- **TN Care: (865) 986-4749** (*Offers government assistance with healthcare services - [www.tn.gov/humanservices](http://www.tn.gov/humanservices)*)
- **Loudon Co. Adult Education Department: (865) 415-2379** (*Offers GED prep classes and adult education resources for high school equivalency*)
- **Roane State Community College GED Program: (865) 882-4526** (*Provides GED prep and testing through Roane State Community College - [www.roanestate.edu](http://www.roanestate.edu)*)
- **TN Reconnect Program: (931) 265-1359** (*A state program offering tuition-free college for eligible Tennessee adults - [www.tnreconnect.gov](http://www.tnreconnect.gov)*)

## Elderly

- **Adult Protective Services: 2-1-1** (*Investigates elder neglect, abuse, or exploitation and provides protective services*)
- **Ethra Senior Programs: (865) 691-2551** (*Offers programs for seniors, including meals, transportation, and assistance*)
- **Mid-East Senior Citizen Services: (865) 986-5212** (*Provides social services to support the well-being and independence of elderly residents*)
- **Office of Aging and Senior Center: (865) 458-5445** (*Promotes seniors' physical and mental well-being through programs and services*)
- **Public Guardianship: (865) 691-2551** (*Helps seniors with legal guardianship and designated payee services*)
- **Relative Caregiver: (865) 335-6808** (*Supports relative caregivers with financial aid, counseling, and resources - [www.tn.gov](http://www.tn.gov)*)

## Family Issues

- **Department of Children Services: (865) 988-0398** (*Offers child welfare services, including abuse investigations, foster care, and family support - [www.tn.gov/dcs](http://www.tn.gov/dcs)*)
- **Helen Ross McNabb: (865) 637-8000** (*Offers services related to mental health, substance abuse, and family support programs*)
- **Helen Ross McNabb Domestic Violence: (865) 254-0698** (*Provides support, shelter, and counseling services for individuals experiencing domestic violence - [www.mcnabbcenter.org/content/domestic-violence-services](http://www.mcnabbcenter.org/content/domestic-violence-services)*)
- **Kids First CAC of the 9th Judicial District: (865) 326-1505** (*Provides forensic interviews and support for children victims of severe abuse*)
- **Mid-East Head Start: (865) 986-5212** (*Provides early childhood education, health, nutrition, and parent involvement services to low-income families - [www.tnheadstart.org](http://www.tnheadstart.org)*)
- **Family Caregiver Support (Ethra): (865) 691-2551, ext. 4260** (*Supports grandparents and caregivers raising grandchildren with services, respite care, and resources*)
- **UT Extension Office- Family and Consumer Sciences: (865) 458-5612** (*Provides educational programs on topics such as anger management, nutrition, and family life skills*)

## Food, Clothing & Household

- **Central United Methodist Church: (865) 986-7329** (*Provides food assistance to individuals and families in need*)
- **Good Samaritan Center Lenoir City: (865) 986-1777** (*An assistance ministry providing emergency support, including food, clothing, household items, and financial aid for utilities and rent*)
- **Good Samaritan Center Loudon Co.: (865) 458-5541** (*Offers food assistance to individuals and families experiencing food insecurity*)
- **Helping Hands Food Bank: (865) 986-7540** (*Offers food assistance to individuals and families experiencing food insecurity*)
- **Loudon Co. Habitat of Humanity: (865) 458-0704** (*Provides assistance with food, clothing, and household items, along with housing-related support services*)
- **Second Harvest Food Bank: (865) 521-0000** (*A regional food bank that distributes food to local pantries and organizations to combat hunger*)
- **Sweetwater Area Ministry - SAM: (423) 337-0210** (*Provides food, clothing, and household item assistance to those in need*)

## Healthcare

- **Adult Community Training: (865) 986-6182** (*Provides services for individuals with developmental and intellectual disabilities, including training and support programs*)
- **Department of Intellectual and Developmental Disabilities: (865) 588-0508** (*Serves as the first point of contact for individuals with intellectual and developmental disabilities, offering support and resources*)
- **Dispensary of Hope: (865) 986-8866** (*Provides access to free prescription medications for uninsured and low-income individuals*)

## Healthcare

- **Free Medical Clinic in Oak Ridge: (865) 483-3904** *(Offers income-based medical care for uninsured individuals, including general health services)*
- **Good Samaritan Center of Loudon Co./Hiwassee: (865) 986-1777** *(Provides access to dental resources for individuals in need of affordable dental care)*
- **Health Care Patient Advocate: (865) 982-4384** *(Offers patient advocacy services to assist individuals in navigating healthcare systems and accessing necessary medical care)*
- **Loudon County Health Department: (865) 458-2662** *(Provides public health services, including immunizations, family planning, and free long-acting reversible contraception (LARC))*
- **Loudon County Health Improvement Council: (865) 354-1220** *(Works to improve community health through initiatives and resources aimed at public wellness)*
- **Mid-East - Loudon Co. Service Center: (865) 986-5212** *(Offers a variety of healthcare-related programs and services to support community health needs)*
- **Pregnancy Help Center (Catholic Charities): (865) 212-4942** *(Provides support for pregnant women, including counseling, maternity resources, and assistance with prenatal care - [www.ccetn.org](http://www.ccetn.org))*
- **State Health Care Options (Health Dept.): (865) 354-2419** *(Offers programs related to public health needs, including healthcare access for uninsured individuals)*

## Mental Health

- **Cherokee: (865) 986-8082** *(Provides primary care, behavioral health services, and pharmacy support for individuals seeking mental health treatment)*
- **Helen Ross McNabb: (865) 635-0242** *(Offers outpatient mental health services, including therapy, medication management, and crisis intervention)*
- **Helen Ross McNabb- Mary O'Neill- CJL: (865) 444-2333, ext. 2064** *(Provides support and intervention for individuals in the criminal justice system who have mental health concerns)*
- **Helen Ross McNabb- Robert Byrd- CM: (865) 444-2333, ext. 1677** *(Offers case management services to help individuals with mental health needs access appropriate resources and care)*
- **Helen Ross McNabb- Peer Specialist: (865) 444-2333, ext. 2644** *(Provides peer support services for individuals managing mental health challenges)*
- **Helen Ross McNabb Mobile Crisis: (865) 539-2409** *(A 24-hour crisis response system for individuals experiencing a behavioral health crisis)*
- **National Alliance For the Mentally ILL: (800) 467-3589** *(Offers support groups, education programs, and advocacy for individuals and families affected by mental illness)*
- **Peninsula: (865) 970-9800** *(Provides mental health services for individuals experiencing psychiatric illness, including inpatient and outpatient treatment)*
- **Suicide Prevention Lifeline: (800) 273-8255** *(A 24/7 crisis hotline offering confidential support to individuals in distress or experiencing suicidal thoughts - [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org))*

## Sexual Assault & Domestic Violence

- **Helen Ross McNabb – Sexual Assault Division (Adults): (865) 637-8000** *(A 24-hour crisis line offering intervention, counseling, and support services for adult survivors of sexual assault)*
- **YWCA Knoxville and TN Valley: (865) 659-5630** *(Offers advocacy, support services, and resources for Hispanic individuals experiencing domestic violence)*

## Transportation Services

- **Ethra: (865) 376-3319 - (800) 232-1565 (to schedule a ride)** *(Offers transportation for seniors, individuals with disabilities, and the public, including rides to medical appointments, grocery shopping, and essential trips. Advance scheduling required)*

## Veteran Services

- **Hope Box: Virtual Hope Box** *(A mobile app designed to provide coping tools, relaxation techniques, and support for veterans and their families facing mental health challenges)*
- **Veterans Crisis Line: (800) 273-TALK (8255), then press 1** *(A 24/7 crisis support hotline specifically for veterans experiencing distress or suicidal thoughts)*
- **Veterans Service Officer: (865) 458-8045** *(Assists veterans and their families with accessing benefits, filing claims, and obtaining support services)*
- **U.S. Department of Veterans Affairs: (800) 827-1000** *(Provides comprehensive services for veterans, including healthcare, disability benefits, education assistance, and housing support - [www.VA.gov](http://www.VA.gov))*
- **VA Medical Center/ Mountain Home: (423) 926-1171** *(A VA hospital offering medical, mental health, and specialty care services to veterans in the region - [www.Mountainhome.va.gov](http://www.Mountainhome.va.gov))*
- **Wounded Warrior Project:** *(Provides programs and services for wounded veterans, including rehabilitation, peer support, and career counseling - [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org))*