



Quick Reference Referral Guide for Meigs County

*Aligning resources across the 9th Judicial District
-Roane, Loudon, Morgan and Meigs Counties-*

Emergency & Legal Services

- **9th Judicial District Attorney General: (865) 376-2145** (*Russell Johnson*)
- **9th Judicial District Public Defender: (865) 376-4040** (*Kim Nelson*)
- **9th Judicial District Child Support Services: (865) 376-0081** (*Barbara Morgan*)

Alcohol & Drug Support

- **AA Hotline: (865) 522-9667** (*24/7 Support for Alcohol Addiction*)
- **Addiction Hotline: (888) 889-9789** (*Free Confidential Information and Referrals*)
- **Align9 Recovery Support: (865) 659-5776** (*Wraparound support services- www.align9.org*)
- **A & D of East Tennessee: (865) 466-8577** (*A resource for individuals seeking addiction treatment and support services in East Tennessee*)
- **Bradford Health Services: (865) 693-9326** (*Detox & counseling- www.bradfordhealth.com*)
- **CADAS: (423) 756-7644** (*Provides addiction treatment services, including residential and outpatient programs, for those struggling with substance use disorders*)
- **Drug Helpline (SAMHSA): (800) 662-4357** (*24/7 confidential treatment referrals.*)
- **Hiwassee - Volunteer Behavioral HealthCare Systems: (877) 567-6051 | (423) 634-8884** (*Provides mental health and substance abuse treatment services*)
- **Find a Drug Rehab Center:** (*A national online resource for locating nearby rehabilitation centers based on individual needs - www.findtreatment.samhsa.gov*)
- **Crisis Mental Health & Substance Abuse Hotline: (800) 704-2651** (*A 24/7 crisis hotline for mental health or substance abuse emergencies*)
- **NA Helpline: (800) 617-1710** (*24/7 support & meeting info for NA*)
- **Neonatal Abstinence Syndrome (NAS) Awareness: (315) 218-1965** (*Raises awareness about babies born with substance addiction due to prenatal drug exposure and offers education and support for affected families*)
- **Partnership for Drug-Free Kids: (855) DRUGFREE** (*Provides coaching, guidance, and resources for families coping with a child's addiction*)
- **Project Lifeline: (484) 885-0381** (*Provides recovery resources and support for individuals working towards sobriety*)
- **Restoration Clinic: (423) 334-2300** (*Provides medical and support services for individuals recovering from substance use disorders*)
- **Salvation Army- Cleveland: (423) 790-5687** (*Offers support services for those in need, including housing, food, and addiction recovery assistance*)
- **Tennessee Redline: (800) 889-9789** (*A statewide referral service offering information and assistance for those seeking help with alcohol, drug, and other addictions*)
- **Tennessee Save a Life: (423) 305-1449** (*Provides opioid overdose reversal training and free naloxone (Narcan) to prevent overdose deaths*)
- **Watts Bar Church Celebrate Recovery: (423) 781-1160** (*Meetings: Thursday Nights, 6-8 PM - A Christ-centered recovery program for individuals dealing with addictions, hurts, and life struggles*)

Credit Counseling

- **Consumer Credit Counseling: (865) 376-8810** (*Credit counseling services*)

Education, Employment & Low Income

- **American Job Center: (423) 745-2028** (Offers employment services, job training, resume help, and job placement for career seekers)
- **Board of Education: (423) 308-3467** (Oversees educational programs, policies, and resources in Meigs County, providing information on local schools and initiatives)
- **SNAP: (865) 986-4749** (Offers government assistance with food snaps - www.tn.gov/humanservices)
- **Medicaid: (865) 986-4749** (Offers government assistance with Medicaid - www.tn.gov/humanservices)
- **Families First: (865) 986-4749** (Offers government assistance with cash assistance - www.tn.gov/humanservices)
- **TN Care: (865) 986-4749** (Offers government assistance with healthcare services - www.tn.gov/humanservices)
- **G.E.D.: (423) 334-5207** (Provides adult education and GED prep to help individuals complete their high school equivalency and enhance job prospects)
- **Headstart: (423) 334-4931 (North) - (423) 334-3525 (South)** (A federally funded program offering preschool education, health services, and family support for low-income families with young children)
- **Meigs County Adult Education: (423) 334-5207** (Provides adult education programs, including literacy training, workforce development, and GED preparation)
- **River Valley Adult Education: (423) 745-5111** (Offers adult education and workforce training, including GED prep and vocational training for career advancement)
- **TN Reconnect Program- Up. Cumberland Reconnect: (931) 265-1359** (Supports adult learners with financial aid, career counseling, and resources to complete a college degree or vocational certification)

Elderly

- **Adult Protective Services: (423) 334-5787** (Investigates and protects vulnerable adults and elderly individuals from abuse, neglect, and exploitation)
- **Brookwood Nursing Center: (423) 334-3002** (A nursing home facility that offers skilled nursing care, rehabilitation services, and long-term care for elderly residents)
- **Meigs County Senior Center: (423) 334-3242** (Provides activities, social programs, and resources for seniors)
- **Senior Citizens Home Assistance Services: (423) 745-2226** (Offers in-home assistance services to seniors, including personal care, homemaker services, and respite care to support independent living)
- **Southeast Area Agency on Aging and Disability: (423) 266-5781** (Advocates for and provides services to elderly individuals and those with disabilities)

Family Services

- **Childcare Resource & Referral: (423) 629-4174** (Offers families information on childcare options, financial assistance, and resources for quality early childhood education programs)
- **Choice's Women's Program- VBHC: (423) 745-8802** (Offers support services for women, including mental health counseling, substance abuse treatment, and resources for family and child well-being)
- **CoverKids: (866) 268-3786** (Offers state-sponsored health insurance for children and pregnant women, covering medical, dental, and preventive care - KidsCentralTN.com)
- **Department of Children Services: (423) 334-8945** (Offers child welfare services, including abuse investigations, foster care, and family support - www.tn.gov/dcs)
- **Family Assistance Service Center: (866) 311-4287** (Helps families access financial aid programs, including food assistance (SNAP), temporary cash assistance (TANF), and healthcare support)
- **Family Caregiver Support (Ethra): (865) 691-2551, ext. 4260** (Supports grandparents and caregivers raising grandchildren with services, respite care, and resources)
- **Family Resource Agency: (423) 479-9339** (A support program providing resources, financial aid, and guidance for grandparents as primary caregivers)
- **Hamilton County Health Department: (423) 479-9339** (Offers family-focused services, including parenting classes, child abuse prevention programs, and early childhood development support)
- **Helen Ross McNabb- Hamilton Co. Child and Adolescent Center: (423) 266-6751** (Offers mental health services, therapy, and support for children and adolescents with behavioral and emotional challenges)

Family Services

- **Kids First CAC of the 9th Judicial District: (865) 326-1505** *(Provides forensic interviews and support for children victims of severe abuse)*
- **Mid-East Head Start: (865) 986-5212** *(An early childhood education program offering nutrition, health screenings, and developmental support for children from low-income families)*
- **SETHRA: (423) 334-3305** *(Provides assistance with family self-sufficiency, caregiver support, and various aid programs for low-income households)*
- **UT Extension Office Meigs County: (423) 334-5781** *(Offers educational programs, skill workshops, and resources for families, including nutrition, financial literacy, and parenting support)*

Food, Clothing & Household

- **CABHI Program: (423) 825-4390** *(Offers assistance for individuals at risk of homelessness, including housing resources, employment support, and addiction recovery services)*
- **Helping Hands: (423) 255-6420** *(Offers support for individuals with disabilities, including assistance with essential needs such as food, clothing, and household items)*
- **Meigs Ministries: (423) 334-1071** *(Provides food, clothing, and financial assistance for utility bills to individuals and families in need within the community)*
- **SETHRA: (423) 334-3305** *(Offers assistance for low-income individuals, including food distribution, homelessness support, and financial aid for essential needs)*
- **Walnut Grove Baptist Church:** *(Provides food boxes to individuals and families in need, supporting those experiencing food insecurity in the community)*

Healthcare

- **Department of Intellectual and Developmental Disabilities: (423) 634-6149** *(First point of contact for individuals with intellectual and developmental disabilities, providing support and resources)*
- **Full Circle Medical for Women: (423) 744-3005** *(Offers medical services for women)*
- **Health Connect America: (423) 702-5508** *(Provides personalized mental health services)*
- **Meigs County Health Council: (423) 334-5781** *(A local initiative focused on improving community health through education, outreach programs, and advocacy)*
- **Meigs County Health Department: (423) 334-5185** *(Provides various public health services, including immunizations, family planning, disease prevention, and wellness programs)*
- **Meigs County Primary Care: (423) 334-4154** *(Provides primary care, including check-ups, preventive services, and treatment for acute and chronic conditions)*
- **Mental Health Cooperative: (866) 816-0433** *(Offers psychiatric care, mental health treatment, and crisis intervention)*
- **Omni Community Health: (877) 258-8795** *(Offers healthcare services for individuals of all ages (2 to 92), including behavioral health, therapy, and case management)*

Legal Services

- **CASA Child Advocacy: (865) 717-4186 - (423) 746-9037** *(Provides advocacy for abused and neglected children in the court system, ensuring their best interests are represented in legal proceedings)*
- **Child Support Hotline: (800) 248-1163** *(Provides information and assistance with child support services, including enforcement, modifications, and applications)*
- **Child Support Office (865) 376-0081** *(Helps parents with child support enforcement, payment collection, and legal assistance related to child support obligations)*
- **ETHRA Probation and Corrections Programs: (423) 334-9004** *(Provides probation, alternative sentencing, and rehabilitation support for individuals in the criminal justice system)*
- **Legal Aid: (865) 483-8454** *(Offers free or low-cost legal assistance to low-income individuals and families)*

Mental Health

- **Helen Ross McNabb- Hamilton County Adult Center: (423) 266-6751** *(Provides evaluation and therapy services for adults dealing with mental health challenges)*
- **Hiwassee Mental Health Center: (423) 745-8802 - (423) 479-5454** *(Offers comprehensive mental health services)*
- **KidCentral TN: (423) 639-7034** *(A resource for families and children, providing mental health support, early childhood intervention, and behavioral healthcare services)*
- **National Alliance For the Mentally ILL: (423) 521-2590** *(A nonprofit organization offering advocacy, education, and support for individuals and families affected by mental illness)*
- **Tennessee System of Care: (615) 532-6700** *(A statewide program offering mental health referrals and coordinated care for children, adolescents, and families)*
- **Volunteer Behavioral Health Care System- Mobile Crisis: (800) 704-2651** *(24-hour crisis response service for individuals experiencing mental health emergencies)*
- **Volunteer Behavioral Health: (877) 567-6051** *(Offers behavioral health services, case management, and support for mental illness and substance use disorders)*

Sexual Assault & Domestic Violence

- **Helen Ross McNabb – Sexual Assault Division: (865) 637-8000** *(24-hour crisis line offering intervention, counseling, advocacy, safety planning, and support for adult sexual assault survivors)*
- **The H.O.P.E. Center Inc.: (423) 745-5289** *(Offers shelter, legal advocacy, counseling, and safety planning for survivors of domestic violence and sexual assault)*
- **National Domestic Violence Hotline: (800) 799-7233** *(Confidential 24/7 helpline providing support, crisis intervention, and local referrals for domestic violence)*

Transportation Services

- **SETHRA: (423) 334-3305** *(Offers public transportation in Meigs County, including rides for medical appointments, work, and essential errands, with services for low-income residents, seniors, and people with disabilities)*

Veteran Services

- **M.A.S.H.: (423) 486-5278** *(Assists low-income veterans and families with housing, financial aid, employment resources, and mental health services)*
- **U.S. Department of Veterans Affairs: (800) 827-1000** *(Provides comprehensive services for veterans, including healthcare, disability benefits, education assistance, and housing support - www.VA.gov)*
- **VA Medical Center/ Mountain Home: (423) 926-1171** *(A VA hospital offering medical, mental health, and specialty care services to veterans in the region - www.Mountainhome.va.gov)*