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# Quick Reference Referral Guide for Roane County

Aligning resources across the 9th Judicial District -Roane, Loudon, Morgan and Meigs Counties-

## **Emergency & Legal Services**

- 9th Judicial District Attorney General: (865) 376-2145 (Russell Johnson)
- 9th Judicial District Public Defender: (865) 376-4040 (Kim Nelson)
- 9th Judicial District Child Support Services: (865) 376-0081 (Barbara Morgan)

# Alcohol & Drug Support

- AA Hotline: (865) 522-9667 (24/7 Support for Alcohol Addiction)
- Addiction Hotline: (888) 889-9789 (Free Confidential Information and Referrals)
- Align9 Recovery Support: (865) 659-5776 (Wraparound support services- <u>www.align9.org</u>)
- Bradford Health Services: (865) 693-9326 (Detox & counseling- <u>www.bradfordhealth.com</u>)
- Celebrate Recovery Kingston: (865) 376-6041 (A faith-based recovery program at Kingston First Baptist Church, meeting on Tuesdays at 6 PM)
- Centerpoint Crisis Detox: (865) 603-4958 (Detox services as the first step in addiction treatment)
- Drug Helpline (SAMHSA): (800) 662-4357 (24/7 confidential treatment referrals.)
- Helen Ross McNabb: (865) 635-0242 (Provides detox services and addiction counseling)
- NA Helpline: (800) 617-1710 (24/7 support & meeting info for NA)
- **Partnership for Drug-Free Kids: (855) DRUGFREE** (*Provides coaching, guidance, and resources for families coping with a child's addiction*)
- **Project Lifeline: (865) 308-1204** (Provides recovery resources and support for individuals working towards sobriety)
- Neonatal Abstinence Syndrome (NAS) Awareness: (865) 257-4800 (Support for infants born with substance dependence)
- Salvation Army: (865) 234-7137 (Located at 2735 Roane State Highway, Harriman, TN, providing support services)
- **Tennessee Redline: (800) 889-9789** (A statewide referral service offering information and assistance for those seeking help with alcohol, drug, and other addictions)
- WestCare TN: (865) 234-7030 (Provides various alcohol and drug-related services)

# **Credit Counseling**

• Consumer Credit Counseling: (865) 376-8810 (Credit counseling services)

## Education, Employment & Low Income

- Express Personnel: (865) 354-0756 (Provides employment opportunities, job placement, and staffing services)
- SNAP: (865) 986-4749 (Offers government assistance with food snaps <u>www.tn.gov/humanservices</u>)
- Medicaid: (865) 986-4749 (Offers government assistance with Medicaid <u>www.tn.gov/humanservices</u>)
- Families First: (865) 986-4749 (Offers government assistance with cash assistance <u>www.tn.gov/humanservices</u>)
- TN Care: (865) 986-4749 (Offers government assistance with healthcare services <u>www.tn.gov/humanservices</u>)
- Roane State Community College GED Program: (865) 882-4526 (Provides adult education and GED prep to help individuals complete their high school equivalency and enhance job prospects <u>www.roanestate.edu</u>)
- **TN Career Center Roane: (865) 376-6253** (This center offers career services, job training, and employment assistance, located at 1082 N Gateway Ave, Rockwood, TN)
- **TN Reconnect Program: (931) 265-1359** (A state program helping adults return to college or technical training- <u>www.tnreconnect.gov</u> <u>www.ucreconnect.com</u>)

## Elderly

- Adult Protective Services: 2-1-1 (Investigates and protects vulnerable adults and elderly individuals from abuse, neglect, and exploitation)
- Ethra Senior Programs: (865) 691-2551 (Offers a variety of programs to support senior citizens, including transportation, nutrition, and in-home services)
- Mid-East Senior Citizen Services: (865) 986-5212 (Provides social service programs for elderly individuals, including meal services and support resources)
- Office on Aging and Senior Center: (865) 458-5445 (Focuses on promoting physical and mental well-being for senior citizens through various programs and activities)
- **Public Guardianship: (865) 691-2551** (Assists with becoming a designated payee for elderly individuals who need help managing their financial affairs)
- **Relative Caregivers: (865) 335-6808** (A program that supports relatives caring for elderly family members-<u>www.tn.gov</u> (Omni Community Health))

# **Family Services**

- **Department of Children Services: (865) 988-0398** (Offers child welfare services, including abuse investigations, foster care, and family support <u>www.tn.gov/dcs</u>)
- Family Caregiver Support (Ethra): (865) 691-2551, ext. 4260 (Supports grandparents and caregivers raising grandchildren with services, respite care, and resources)
- Helen Ross McNabb: (800) 255-9711 (Offers mental health services, therapy, and support for children and adolescents with behavioral and emotional challenges)
- Helen Ross McNabb Domestic Violence: (865) 637-8000 ext. 716 (Offers services to individuals experiencing domestic violence)
- Kids First CAC of the 9th Judicial District: (865) 326-1505 (Provides forensic interviews and support services for children who have experienced severe physical or sexual abuse)
- Mid-East Head Start: (865) 986-5212 (A program offering early childhood education and family services <u>www.tnheadstart.org</u>)
- UT Extension Office- Family and Consumer Sciences: (865) 458-5612 (Offers programs including anger management, nutrition classes, and other family support services)

# Food, Clothing & Household

- Family Promise of Roane County: (865) 354-9841 (Provides food and housing assistance to families in need)
- Hands of Mercy: (865) 717-9885 (Offers food assistance and other support services for individuals and families)
- Hope Resource Center: (865) 236-0350 (Provides free pregnancy and STD testing, along with other healthrelated resources)
- Homeless Referral Hotline: (844) 556-7626 (Offers referrals for housing and shelter services)
- Kingston United Methodist Church: (865) 376-6337 (Provides free clothing assistance to those in need)
- Roane Co. Habitat of Humanity: (865) 376-5770 (Assists with food, clothing, and household items for individuals in need)
- Rockwood Ministerial Association Food Pantry: (865) 354-1750 (Provides food assistance to those in need in the Rockwood area)
- Second Harvest Food Bank: (865) 521-0000 (A regional food bank that distributes food to local pantries and individuals in need)

# Healthcare

- Department of Intellectual and Developmental Disabilities: (865) 588-0508 (First point of contact for individuals with intellectual and developmental disabilities, providing support and resources)
- **Dispensary of Hope: (865) 986-8866** (Provides assistance with obtaining prescription medications for those in need)
- Free Medical Clinic: (865) 483-3904 (Offers income-based medical care for individuals without insurance or with limited financial resources)

## Healthcare

- Health Care Patient Advocate: (865) 882-4384 (Provides guidance and assistance for individuals navigating healthcare services)
- Mid-East Community Action Agency: (865) 248-8661 (Offers various health-related programs and support services)
- **Pregnancy Help Center (Catholic Charities): (865) 212-4942** (Provides support for pregnant individuals, including counseling and resources <u>www.ccetn.org</u>)
- Roane County Health Council: (865) 354-1220 (A local initiative focused on improving community health through education, outreach programs, and advocacy)
- Roane County Health Department: (865) 354-1220 (Provides various public health services, including immunizations, family planning, disease prevention, and wellness programs)
- State Health Care Options (Health Dept.): (865) 354-2419 (Provides public health programming and resources for community health needs)

## **Mental Health**

- National Alliance For the Mentally ILL: (800) 467-3589 (A nonprofit organization offering advocacy, education, and support for individuals and families affected by mental illness)
- **Ridgeview Behavioral Health: (865) 482-1076** (Offers mental health support, counseling, and treatment for individuals facing mental illness)
- Ridgeview Psychiatric Hospital & Center- CJL: (865) 482-1076 ext. 1197 (Specialized services including psychiatric care, counseling, and crisis intervention)
- Suicide Prevention Lifeline: (800) 273-8255 (24-hour crisis hotline providing confidential support for individuals experiencing suicidal thoughts <u>www.suicidepreventionlifeline.org</u> <u>http://tspn.org</u>)

## Sexual Assault & Domestic Violence

- Avalon Center: (931) 456-0747 (Provides crisis intervention, shelter, advocacy, and support services for survivors of domestic violence and sexual assault)
- Helen Ross McNabb Sexual Assault Division: (865) 637-8000 (24-hour crisis line offering intervention, counseling, advocacy, safety planning, and support for adult sexual assault survivors)
- YWCA Knoxville and TN Valley: Text "Love is" to 22522 (24/7 text-based support service that provides information and referrals for individuals in abusive relationships)

## **Transportation Services**

• ETHRA: (865) 376-3319 | (800) 232-1565 (Provides transportation services for seniors, individuals with disabilities, and those needing assistance with medical appointments, employment, or other essential travel)

## Veteran Services

- Hope Box: Virtual Hope Box (A mobile app designed to provide coping tools, relaxation techniques, and support for veterans and their families facing mental health challenges)
- Veterans Crisis Line: (800) 273-TALK (24/7 confidential crisis support line for veterans, their families, and service members)
- Veterans Service Officer: (865) 458-8045 (Assist veterans with benefits, claims, and other services related to the Department of Veterans Affairs)
- U.S. Department of Veterans Affairs: (800) 827-1000 (Provides comprehensive services for veterans, including healthcare, disability benefits, education assistance, and housing support <u>www.VA.gov</u>)
- VA Medical Center/ Mountain Home: (423) 926-1171 (A VA hospital offering medical, mental health, and specialty care services to veterans in the region <u>www.Mountainhome.va.gov</u>)
- Wounded Warrior Project: (Provides programs and services for wounded veterans, including rehabilitation, peer support, and career counseling <u>www.woundedwarriorproject.org</u>)